



# Al Dente

## A La Carte Menu

### NIBBLES

<b>MIXED OLIVES(V)</b>	<b>£5.25</b>
<b>PANE OLIO &amp; ACETO BALSAMICO(V)</b>	<b>£4.95</b>
Homemade bread served with an olive oil and balsamic dip.	
<b>PANE &amp; OLIVE(V)</b>	<b>£7.66</b>
Homemade bread and marinated olives.	
<b>AGLIO(V)</b>	<b>£7.29</b>
Flatbread with garlic and herbs.	
<b>AGLIO CHEESE(V)</b>	<b>£8.35</b>
Flatbread with garlic, herbs and mozzarella cheese.	
<b>AGLIO BALSAMIC ONION(V)</b>	<b>£9.44</b>
Garlic flatbread with balsamic onion and goats cheese.	

### ANTIPASTI

<b>ZUPPA DI MINISTRONE (V)</b>	<b>£7.35</b>
Veggie soup with a creamy tomato sauce served with homemade bread.	
<b>BRUSCHETTA NAPOLETANA (V)</b>	<b>£8.25</b>
Chargrilled homemade bread topped with tomatoes, chopped basil, onion, garlic and olive oil, finished with chopped mozzarella and balsamic glaze.	
<b>FUNGHI CON AGLIO (V)</b>	<b>£8.95</b>
Pan fried button mushrooms with garlic, fresh herbs and a white wine butter sauce served on homemade bread.	
<b>GOATS CHEESE CAPRINO (V)</b>	<b>£9.20</b>
Chargrilled homemade bread topped with goats cheese, asparagus and rocket sprinkled with pine nuts and finished with lemon zest.	
<b>BURRATA CON POMODORINI &amp; PESTO (V)</b>	<b>£10.44</b>
A whole creamy burrata with sun-blushed tomatoes, roquito peppers and house pesto.	
<b>GAMBERONI CHARDONNAY</b>	<b>£10.90</b>
King prawns in garlic chili, chardonnay wine, parsley and tomato sauce served with homemade bread.	
<b>ANTIPASTO MISTO</b>	<b>£13.95</b>
Selection of Italian cured meats; prosciutto and spicy pepperoni with a fresh mozzarella, sun-blushed tomatoes, artichoke, mixed olives and homemade grilled bread.	
<b>POLPETTE</b>	<b>£10.35</b>
Homemade meatballs in tomato sauce, finished with Parmesan cheese served with our homemade bread.	
<b>CALAMARI FRITTI</b>	<b>£10.40</b>
Squid rings covered in panko breadcrumbs, deep fried and served with rocket and our pesto mayonnaise dip.	
<b>COZZE ALLA MARINARA</b>	<b>£9.95</b>
A bowl of pan fried fresh mussels with white wine, garlic and fresh herbs in marinara sauce served with homemade bread.	
<b>CAPELANTE</b>	<b>£11.90</b>
Fresh scallops cooked with olive oil, garlic, chilli, leeks and cherry tomatoes in a rich cream and sambuca sauce.	

(V) denotes dishes which are suitable for vegetarians. Vegan options also available. Due to the presence of nuts in our restaurant, there is a small possibility that traces of nuts may be found in any of our items. For details of allergens please speak to a member of staff. Please inform your server of any allergies or intolerances.  
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### PASTA

<b>PENNE ALL'ARRABBIATA(V)</b>	<b>£14.90</b>
Penne pasta with chilli butter, fresh chillies, white onions and cherry tomatoes in a spicy tomato sauce finish with garlic oil and fresh basil. <u>Add extra chicken for £2.60</u>	
<b>PENNE ALLA RUSTICANA</b>	<b>£16.95</b>
Penne pasta with chicken, pancetta, roasted peppers and mascarpone in a creamy tomato sauce, finished with crispy Parma ham.	
<b>PENNE AL FORNO</b>	<b>£16.80</b>
Penne pasta with chicken, mushrooms and roasted peppers in a creamy sauce. Finished with Parmesan cheese and baked in the oven.	
<b>LASAGNA</b>	<b>£15.90</b>
Layers of pasta, minced beef, bechamel sauce and tomato sauce, finished with mozzarella and baked in the oven.	
<b>CANNELLONI (V)</b>	<b>£14.95</b>
Pasta filled with spinach, ricotta, and shredded mozzarella with tomato sauce. Topped with mozzarella cheese and baked in the oven.	
<b>SPAGHETTI ALLA BOLOGNESE</b>	<b>£15.80</b>
Spaghetti pasta with our homemade bolognese cooked with minced beef, tomatoes, red wine and fresh herbs.	
<b>SPAGHETTI ALLA CARBONARA</b>	<b>£15.95</b>
Spaghetti pasta with pancetta, hard cheese and fresh parsley in creamy sauce, finished with crispy Parma ham. <u>Add extra chicken for £2.60</u>	
<b>LINGUINI ALLEGRO</b>	<b>£17.95</b>
Linguine pasta with pancetta, prawns, asparagus and sun-blushed tomatoes cooked in chilli, butter and white wine.	
<b>LINGUINI ALLA PESCATORE</b>	<b>£18.90</b>
Linguine pasta with tiger prawns, fresh mussels and squid cooked in butter, garlic, chilli, white wine and tomato sauce.	
<b>SPAGHETTI CON POLPETTE</b>	<b>£16.45</b>
Spaghetti pasta with homemade beef meatballs and tomato sauce.	
<b>LINGUINI AL SALMONE</b>	<b>£18.55</b>
Linguine pasta with salmon and fresh chillies, cooked in chili butter, cream and tomato sauce. Finished with pesto.	
<b>RAVIOLI DEL GIORNO(V)</b>	<b>£16.50</b>
Ask server for details.	

### RISOTTO

<b>RISOTTO BRANZINO</b>	<b>£18.90</b>
Creamy risotto with prawns, sea bass, asparagus, spinach cooked with mascarpone and garlic.	
<b>RISOTTO SALMONE</b>	<b>£18.50</b>
Arborio rice cooked with saffron, salmon, mussels, prawns chilli and garlic in a white wine sauce.	
<b>RISOTTO VERDURE (V)</b>	<b>£17.80</b>
Creamy risotto with courgettes, asparagus, spinach, peas cooked in mascarpone, lemon juice, fresh mint finished with rocket and hard cheese. <u>Add extra chicken for £2.60</u>	
<b>RISOTTO DI POLLO</b>	<b>£17.50</b>
Creamy risotto with chicken, mushrooms and a touch of mascarpone finished with hard cheese.	
<b>RISOTTO CAPELANTE</b>	<b>£19.90</b>
Arborio rice cooked with scallops, leeks, crispy pancetta, pan fried garlic, chilli and butter finished with parsley.	



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## CARNE E PESCE ALLA GRIGLIA

<b>POLLO CON FUNGHI</b>	<b>£20.45</b>
Chargrilled chicken breast with a creamy mushroom and white onions sauce, served with roasted new potatoes, broccoli and carrots.	
<b>POLLO PASSIONE</b>	<b>£21.25</b>
Chargrilled chicken breast with panchetta, mushrooms, white wine cream, tomato sauce, served with roasted new potatoes, broccoli and carrot.	
<b>FILETTO DI MAIALE</b>	<b>£21.85</b>
Chargrilled medallion of pork fillet in a creamy tarragon, demi-glace sauce, mushrooms & onions. Served with roasted new potatoes, carrots & broccoli.	
<b>ANATRA ARROSTO</b>	<b>£23.59</b>
Chargrilled duck cooked in rich pancetta, dried prunes, leeks and red wine sauce, served with roasted new potatoes, broccoli and carrots.	
<b>FILETTO ALLA GRIGLIA</b>	<b>£31.74</b>
8oz fillet steak cooked on the grill served with chips, rocket and Parmesan cheese finished with a red wine sauce topped with asparagus.	
<b>BISTECCA ALLA GRIGLIA</b>	<b>£26.90</b>
Chargrilled West Country 28-day-matured sirloin steak Served with chips and rocket & Parmesan salad.	
<b>CHOOSE FROM: peppercorn sauce, mushroom sauce or a red wine sauce</b>	
<b>SALMONE ALLA TOSCANA</b>	<b>£21.95</b>
Pan seared salmon cooked in a creamy sauce with spinach, sun-blushed tomatoes and Parmesan cheese, served with roasted new potatoes, broccoli and carrots.	
<b>BRANZINO AL DENTE.</b>	<b>£20.70</b>
Pan fried sea bass with gnocchi, cherry tomatoes, green beans in a butter sauce finished with pesto.	

## LIGHTER MAINS

<b>INSALATA DI POLLO</b>	<b>£16.25</b>
Chargrilled chicken breast with lettuce, cherry tomatoes, homemade croutons, hard cheese and Caesar dressing.	
<b>TAGLIATA DI MANZO</b>	<b>£23.20</b>
Finely sliced chargrilled sirloin steak served with rocket, spinach, cherry tomatoes and olives salad finished with Parmesan cheese and drizzled with balsamic glaze.	
<b>INSALATA DI SALMONE</b>	<b>£19.55</b>
Oven baked salmon served on a bed of lettuce, spinach, sun-blushed tomatoes, cherry tomatoes, artichoke and Parmesan cheese finished with pesto.	
<b>COZZE CON CREMA</b>	<b>£15.00</b>
Fresh mussels cooked in a creamy white wine, fresh parsley, white onions and garlic sauce finished with homemade bread.	
<b>TEGAMACCIO</b>	<b>£21.44</b>
Fish stew with sea bass, mussels, king prawns, tiger prawns and squid in tomato, olive and capers sauce. Served with homemade grilled bread.	

## SIDES

<b>CHIPS</b>	<b>£4.50</b>
<b>TRUFFLE FRIES</b>	<b>£6.40</b>
<b>ROASTED NEW POTATOES</b>	<b>£4.50</b>
<b>BROCCOLI</b>	<b>£4.50</b>
<b>MIXED SALAD</b>	<b>£4.50</b>
<b>PAN MUSHROOMS</b>	<b>£4.90</b>
<b>TOMATO, ONION &amp; BASIL SALAD</b>	<b>£4.50</b>
<b>ROCKET &amp; PARMESAN SALAD</b>	<b>£4.50</b>

## PIZZA

<b>MARGHERITA (V)</b>	<b>£12.90</b>
Tomato sauce, mozzarella and torn basil.	
<b>VEGETARIANA (V)</b>	<b>£14.95</b>
Tomato sauce, mozzarella, roasted peppers, mushrooms, red onion and black olives finish with rocket.	
<b>BUFALA</b>	<b>£16.90</b>
Tomato sauce topped with fresh buffalo mozzarella, Parma ham, fresh rocket and cherry tomatoes finished with Parmesan cheese.	
<b>TROPICAL</b>	<b>£14.95</b>
Tomato sauce, mozzarella, Italian cooked ham and pineapple.	
<b>PICCANTE</b>	<b>£15.80</b>
Tomato sauce, mozzarella, pepperoni, roasted peppers and fresh chilli.	
<b>CON FUNGHI (V)</b>	<b>£14.90</b>
Tomato sauce, mozzarella and mushrooms finished with rocket and Parmesan cheese.	
<b>PEPPERONI</b>	<b>£14.92</b>
Tomato sauce, mozzarella and pepperoni finished with fresh basil.	
<b>QUATTRO STAGIONI (V)</b>	<b>£16.25</b>
Tomato sauce, mozzarella, cotto ham, olives, artichoke and mushrooms.	
<b>SAN GIUSEPPE</b>	<b>£16.20</b>
Tomato sauce, mozzarella, ham, mushrooms and red onion.	
<b>TRE GUSTI</b>	<b>£16.00</b>
Tomato sauce, mozzarella, chicken, pancheta and pepperoni.	
<b>AL DENTE</b>	<b>£17.25</b>
Tomato sauce, mozzarella, prawns, squid, anchovies, red onion and fresh chilli finished with garlic oil and rocket.	
<b>CAPRINO (V)</b>	<b>£15.95</b>
Tomato sauce, mozzarella, goats cheese, roasted peppers and onion finished with honey.	
<b>CALZONE CARNE</b>	<b>£18.75</b>
Tomato sauce, mozzarella, chicken, pepperoni, pancheta and roasted peppers stuffed into a folded pizza. Served with salad and finished with garlic oil and Parmesan cheese.	

**TURN ANY PIZZA INTO A CALZONE** **£3.55**

### EXTRA TOPPINGS

<b>CHICKEN</b>	<b>£2.60</b>
<b>PEPPERONI</b>	<b>£2.60</b>
<b>PANCHETA</b>	<b>£2.60</b>
<b>COTTO HAM</b>	<b>£2.60</b>
<b>ANCHOVIES</b>	<b>£2.60</b>
<b>PRAWNS</b>	<b>£2.60</b>
<b>BLACK OLIVES</b>	<b>£2.30</b>
<b>CHILI</b>	<b>£2.30</b>
<b>MUSHROOMS</b>	<b>£2.30</b>
<b>RED ONION</b>	<b>£2.30</b>
<b>ROASTED PEPPERS</b>	<b>£2.30</b>
<b>ARTICHOKES</b>	<b>£2.30</b>

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