



v-vegetarian
vg- vegan

Al Dente Vegetarian & Vegan Menu

NIBBLES/ANTIPASTI

MIXED OLIVE (V) (VG)

Marinated mixed olive with olive oil garlic oregano. £5.25

PANNE OLIO (V) (VG)

Home made grilled bread served with balsamic vinegar and extra virgin olive oil. £4.95

AGLIO (V) (VG)

Flatbread with garlic and fresh herbs. £7.29

AGLIO CHEESE (V) (VG)

Flatbread with garlic fresh herbs and mozzarella sheese. £8.35

BRUSCHETTA. (V) (VG)

Chopped beef tomato marinated in extra virgin olive oil, fresh basil and touch of red onion. £8.25

FUNGHI CON AGLIO (V) (VG)

Pan fried button mushrooms, garlic, parsley, touch of vegetable gravy. £8.95

GOAT CHEESE CAPRINO. (V)

Chargrilled homemade bread topped with goats cheese, asparagus and rocket sprinkled with pine nuts and finished with lemon zest. £9.20

MINISTRONE (V) (VG)

Mixed vegetables, onion, peppers, courgettes, peas, asparagus touch of tomatoes sauce finish with garlic oil and fresh parsley. £7.35

PASTA

AGLIO OLIO E PEPERONCINO (V) (VG)

spagheti pasta cooked in garlic, chilli flakes and extra virgin olive oil finished with fresh parsley. £15.50

SPAGHETTI POMODORO (V) (VG)

Spaghetti pasta cooked in rich garlic tomatoes sauce and basil. £14.90

PENNE PRIMA VERA (V) (VG)

Penne pasta cooked in pan fried mixed vegetables, mushroom, peppers, courgette, asparagus, onion, garlic and tomato sauce. £16.95

LINGUINE FUNGHI CREMA (V)

linguine pasta cooked in cream mushroom sauce. £16.50

PENNE ARRABIATA (V) (VG)

Penne pasta with fresh chilli, white onion, garlic, tomato sauce and fresh basil. £14.90

GNOCCHI ALLA SORRENTINA (V) (VG)

soft potato gnocchi tossed in a rich tomato-basil sauce, layered with vegan mozzarella, and baked until bubbly £14.90

PIZZA

MARINARA (V) (VG)

tomato sauce based topped with extra virgin olive oil, oregano, garlic and fresh basil £12.70

MARGARITA (V) (VG)

tomato sauce vegan mozzarella cheese and basil £12.90

FUNGHI (V) (VG)

Based tomato sauce vegan mozzarella mushroom topped with rocket salad and and garlic £14.90

CAPRINO (V)

Tomato sauce vegan mozzarella cheese, goat cheese, caramelised onion, roasted peppers, finished with oney & oregano. £15.95

VEGETERIAN (V) (VG)

Tomato sauce based vegan mozzarella, red onion, peppers, mushroom, olives, finished with rocket salad £14.95

RISOTTO

RISOTTO FUNGHI (VG)

Arborio risotto cooked with touch onion, mushrooms, garlic and fresh herbs £16.90

RISOTTO VERDURE. (VG)

Arborio risotto cooked with courgettes, asparagus, spinach, peas, fresh mint, lemon juice, finished with rocket salad £17.80

RISOTTO PRIMA VERA. (VG)

Arborio risotto cooked with courgettes, asparagus peas, white onion, roasted peppers, garlic finished with touch of tomato sauce and extra virgin olive oil £17.90

SIDES

CHIPS (VG)

£4.50

TRUFFLE FIERIS (VG)

£6.40

MIXED SALAD (VG)

£4.50

BROCCOLI (VG)

£4.50

ROASTED VEGETABLES (VG)

£6.50

GARLIC MUSHROOMS (VG)

£4.90

TOMATE ONION BASIL (VG)

£4.50

ROASTED NEW POTETO (VG)

£4.50

DOLCE

LEMON CHEESECAKE (V)

£7.80

TIRAMISU (V)

£8.20

LEMON SORBET (VG)

£7.85

